

## **Hindu Temple and Cultural Center of the Rockies**



## **Hearfulness Meditation event**

ON Saturday, September 14<sup>th</sup>, 2019



## **Program Details:**

Day/Date	Time	Pooja Details
Saturday, September 14	05:00 PM to 07:00 PM	Meditation Event

Please plan attend with your family and friends and get the blessings of Allmighty. For sponsorship and to volunteer please contact Hindu Temple at 303-858-9927 or via email htcc@hindutempleofcolardo.org

These sessions offer a practical experience of Heartfulness Meditation which you can experience and then integrate into your daily life. The true value of meditation can only be experienced through practice. You are warmly invited to a Meditation session/workshop. This meetup is open to everyone and the meditation is completely FREE of cost.