



## **Mandir Vani**

**Hindu Temple and Cultural Center of the Rockies**  
**8375 S. Wadsworth Blvd., Littleton, CO 80128**  
**(Tax ID: 84-1301209)**

[www.hindutempleofcolorado.org](http://www.hindutempleofcolorado.org)

303-948-9693

email: [htcc@comcast.net](mailto:htcc@comcast.net)

The mission of the Hindu Temple and Cultural Center of the Rockies (HTCC) is to provide a forum for religious worship and celebrations, and for cultural, religious, and spiritual development activities based on Hindu / Vedic / Sanatan - Dharma traditions.

### **Editorial Board**

K. C. Upadhyay (Priest)

Prabhakara Rao (Editor)

Reva Nayar (President)



**Maha Shiva Ratri Celebration on 9 March 2013**

**Please Donate Generously**

# President's Page

Dear Fellow Devotees,

With God's Blessings, hope you and your families have started off the year 2013 with lots of Good Luck and Fortune. On behalf of Acharaya ji, Pandit ji and the Board of Trustees we wish you and your family a happy, productive, healthy and prosperous 2013 and wish for your continued success in all the spheres of life.

With your support and dedication I am pleased to report that the current temple operations and the progress we have made towards building the new temple has certainly been noteworthy.

## **EVENTS:**

Our traditional New Year Puja's, one on January 1st (sponsored by Ram V. Nathan family) followed by Navgraha Pooja, on January 6th revealed an overwhelming show of true devotion and generosity. We experienced an unprecedented number of devotees (approx. 250 to 300) who visited the temple and celebrated the New Year with Ganesh puja and Navgrah puja the following Sunday. These annual events, followed by Lunch Prasad have become the hallmark of our Temples operations. My sincere appreciation goes out to the numerous volunteers who spent countless hours to make New Year and other events a grand success.

Upcoming events for the temple include Saraswati Puja and Ram Naumi and we are expecting again a big number of devotees to attend.

This year we will continue efforts to make the temple a wonderful place to worship. My sincere thanks goes to the volunteers, priests, office staff who work diligently to ensure our temple is one of the best temple. We also greatly appreciate our Sunday sponsors who sponsor puja and prasad for hundreds of devotees.

We are fortunate to have two excellent priests in our temple as they continue to lead the religious activities, performing various rituals and pujas for all of us.

## **NEW HINDU TEMPLE UPDATE:**

We have been making significant progress towards the preliminaries that are time consuming but very necessary. Here are some updates.

### **Project Goal:**

\$2,500,000. With completion in Year 2013

### **Financial:**

Total Donations	\$1,190,000.00
Pledges	\$400,000.00
Need to reach our goal.	\$910,000 .00

**Design and Construction:**

Landscape and site plan drawings: Completed  
Submission to the City of Centennial March, 2013

**Upcoming Milestones:**

City Approval of above:  
Completion of Design and Construction Drawings.  
Selection of Contractor:  
Permits by the City:  
Start of Construction:  
Completion of New Hindu Temple. (Estimated by 2013)

Our temple project will not be successful without the generosity of our community we are extremely fortunate to have numerous devotees with big hearts who contribute generously. We still need financial support and we are counting on your generosity in 2013. Your generous contributions have made us meet our goals.

**TO OUR YOUNGER DEVOTEES:**

We had requested our younger devotees to come forward and help us with their involvement, both in Fund Raising and in gaining Spiritual knowledge and awareness. We need help in tailoring our programs and sermons so that they feel an integral path of this initiative. For this we need their input so that we can cater to their needs. We thank volunteers for their dedication and support and request more of you to please join in and help us in whatever way you can. With God's grace you all are doing well in your respective fields. Please share your good fortune with Him, who has blessed you with all you have.

**AN APPEAL:**

As we approach closer to the fulfilling our dream of building a New Hindu Temple, your continuous support of funds is greatly appreciated. This is our Gods Temple, where we will house many Deities. You can donate in various ways, namely Sponsorship of Deity of your choice, sponsorship of any facility inside or outside of the Temple; donate any building materials, any systems (Electrical, Plumbing or Heating), any decorative floor or wall coverings. You can donate in name of living members of your family or in the memory of your dear ones, who may not be with you anymore. You will be recognized for your donations, if you so desire. As we get into our construction phase this summer our need for additional funds will be more acute. Please become part of this History. Please donate generously. We assure you that God will reward you in many ways. Health, Wealth and Happiness are abundant in His control. Share your fortunes with Him and He will not disappoint you.

Please do contact us at [HTCC@comcast.net](mailto:HTCC@comcast.net) with any suggestions and anyways to improve our temple. This is your temple and anything we do for our temple is a SERVICE. As our temple continues to fulfill the religious, spiritual, cultural, educational, and humanitarian needs of our community, we will try our best to serve and accomplish our temple's mission and objectives.  
May the blessings of the Lord be with you and your family?

With best wishes,  
Reva Nayar, President

## Treasurer's Report (Jan to Dec 2012) - Satish Kumar, Treasurer

Month	Income	Expense	Major Celebrations
Jan	15,965.28	17,366.87	New Year Ganesha Puja
Feb	12,598.75	12,815.69	
Mar	11,756.23	14,440.04	Maha Shivaratri
Apr	16,146.23	14,953.49	Sri Rama Navami
May	14,578.24	13,844.71	
Jun	16,173.76	15,448.57	Graduation Puja
Jul	15,739.23	16,809.39	
Aug	22,908.25	16,217.65	Krishna Janmastami
Sep	15,802.36	26,175.95	Ganesh Chaturthi
Oct	16,115.22	12,919.19	Maha Chandhi Havan & Diwali
Nov	16,936.24	15,556.76	Diwali Celebration
Dec	24,427.08	17,593.61	
<b>Total</b>	<b>\$199,146.87</b>	<b>\$194,141.92</b>	

Current Temple Fund	\$ 47,129.10
New Temple Fund	\$1,091,725.86
<b>Total</b>	<b>\$1,138,854.96</b>

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### Upcoming Events: Madhu Mahajan

#### Shri Rama Navami Celebration

We invite you to join us in our annual celebration of Shri Rama Navami on April 20<sup>th</sup> and April 21<sup>st</sup>. The program will begin on Saturday (April 20<sup>th</sup>) at 10 AM with the Akhand Paath (continuous recital) of Sri Rama Charit Maanas and conclude on the next day (Sunday, April 21<sup>st</sup>) at 11 AM, followed by Bhajans and Sri Rama's birthday celebrations. If you would like to read the Ramayana or participate in the Bhajan program, please contact Dr. Manohar Arora at [303-568-0746](tel:303-568-0746).

Shri Rama Navami celebration started at the Hindu Temple 17 years ago, first organized by Dr. Manohar Arora. Since then, Dr. Arora has been playing a key role in this event; we send our sincere appreciation to the Arora family. Another heart-felt gratitude goes to the best acclaimed restaurant of Colorado, The India's. The India's restaurant has been providing heavenly lunch Prasad for more than 15 years. More than 500 people have been attending this event, and each time there is a plenty of mouth-watering food for each devotee. We truly appreciate The India's continued support and generosity.

Please mark your calendar and be a part of this grand event. For more details, please see the attached flyer.

**Please See Attached Ram Navami Flyer for Details**

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**HINDU TEMPLE AND CULTURAL CENTER OF THE ROCKIES**  
**8375 S. WADSWORTH BLVD. LITTLETON, CO 80128,**  
**TEL: (303) 948 - 9693**

**2013 Festivals Celebration Calendar (April to September)**

<u>Festival</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>
<b>April</b>			
Hindu New Year (Ugadi)"Prabhav"	11	Thursday	
Vikram Samvat 2070 Begins	11	Thursday	
Vasant Navaratra Begins	11	Thursday	
Durga Ashtami	18	Thursday	7:00 pm
<b>Shri Ram Navami</b>	19	Friday	
<b>Akhand Ram Charit Manasa Paath begins Saturday 20 April at 10:30 am &amp; ends Sunday 21 April at 11 am</b>			
Poornima/Satyanarayana Pooja	25	Thursday	6:45 pm
Shri Hanuman Jayanthi	25	Thursday	
<b>May</b>			
Akshaya Trititeeya	12	Sunday	
Aadi Shankaracharya Jayanthi	16	Thursday	
Nrisimha Jayanthi	23	Thursday	
Poornima/Satyanarayana Pooja	24	Friday	6:45 pm
<b>June</b>			
<b>Graduation Pooja</b>	09	Sunday	11 am
Ganga Dashami	18	Tuesday	
Nirjala Ekadashi	20	Thursday	
Poornima/Satyanarayana Katha	23	Sunday	6:45 pm
<b>July</b>			
Devashayini Ekadashi	19	Friday	
Poornima/Satyanarayana Katha 22	Monday		6:45 pm
Shravan Month begins	23	Tuesday	
Naaga Panchami	27	Saturday	
<b>August</b>			
Pradosh Puja in Shravan Month	04	Sunday	
Vara-Lakshmi Vrat	16	Friday	
2nd Pradosh Puja in Shravan Month	18	Sunday	
Upaa-karma/Rakshaa Bandhan	20	Tuesday	
Poornima/Satyanarayana Katha	20	Tuesday	6:45 pm
<b>Shri Krishna Janmashtami</b>	27	Tuesday	Starting at 6:00 pm
<b>September</b>			
Hari Taalika Teej Vrat	08	Sunday	
<b>Ganesh Chaturthi Celebration</b>	09	Monday	7:00 pm
Shri Vaman Jayanthi	15	Sunday	
Poornima/(Satyanarayana Katha)	19	Thursday	6:45 pm
Pitri Paksh (Shraddha) Begins	20	Friday	

**HINDU TEMPLE and CULTURAL CENTER of the ROCKIES  
INVITES YOU TO JOIN IN THE CELEBRATION of**

**Sri Ram Navami**



**Saturday, April 20 to Sunday, April 21, 2013**

**Program**

Saturday, April 20	Ram Poojaa	10:00 AM
	Akhand Paath of Ram Charit Maanas begins	11:00 AM
Sunday, April 21	Akhand Paath of Ram Charit Maanas ends	11:00 AM
	Bhajanas, Pravachan etc.	11:00 – Noon
	<u>Sri Ram Birthday Celebrations</u>	12:00 - 12:15
	Stotra Reading	12:15 - 12:45
	Announcements, Update on New Temple Project Arati and Prasad	12:45 - 12:50 12:50 – 1:30

**If you are interested in participating in Akhand Ramayan Paath, please call  
Manohar Arora at 303-568-0746 (H) or 720-877-1047 (Cell).**

**For further details, please call Acharya ji or Pandit ji at (303) 948-9693.**

Direction: From C-470 & Wadsworth Blvd. – north on Wadsworth Blvd., west on Chatfield Ave (first light), make a U turn on Yukon Street, right on Wadsworth court (second street), first left to the Temple Parking area.

## HINDUISM—103

Mita Mukherjee

In my previous articles, Hinduism 101 and 102, I touched upon the philosophies underlying Hinduism; the basic ideas and practices; again would like to direct this article towards the youth growing up in foreign lands, away from Hindu culture and again I would like to welcome comments and questions;

This time I would like to address some of the rituals we have, as HINDUS; and some of the auspicious occasions and their symbolism.

The most common word we come across is “puja”. Puja means worship. The letter “PA” stands for papanasana, where “papa” is un-divine actions or sins, “nasana” is exhaustion or getting rid of. “Ja” stands for Jaya, which is victory, or “janmavichheda” which means cessation of cycle of births and deaths—in other words, “moksha”. So Puja (PA-JA) means victory over sins and the ultimate freedom of moksha; (as I had mentioned in my previous article the one and only goal of mankind is to realize the divine, or moksha— and to know that all of us are blessed with divinity within us.)

Thus puja is that action whereby we evolve spiritually, culminating in the exhaustion of sins and ending punarjanma, or the cycle of birth and death.

As I had mentioned in my articles before, the “BRAHMAN” or the supreme consciousness, call it god, truth, self-etc. is formless; however to make it easier for common man to focus on something tangible--so that they can devote their energies on a concrete object, numerous deities, with names and forms have evolved;

So we have Brahma, the creator, Sara Swati, goddess of learning, Vishnu the sustainer, his consort, Lakshmi, goddess of wealth, Shiva, the destroyer, his consort Durga, the goddess of strength, plus several other gods and goddesses;

Throughout the year usually according to the lunar cycle we have specific times when we worship these deities; Now, worshipping or performing a puja, usually involves certain rituals; At first we clean the idol or the picture of the god or goddess we are getting ready to worship; we bring flowers, fruits and sweets and set these before the deity; chandan or sandal wood paste is an integral part of the puja. The priest actually performs a ceremony like bathing the deity, with milk, chandan, ghee and water, and then does the “pran prathishtha” or bringing life into the deity; then we offer the food and flowers with specific mantras. (Chants)

First we invoke Lord Ganesha, he is the remover of obstacles; and then the priest invokes the god or goddess we are worshipping by chanting mantras that are specific for that deity. Lastly we do the arati with the oil lamps, showing our ultimate devotion to the God or Goddess we invoked.

Final part is the visherjan ceremony or the culmination of the puja, which means giving up; we now give up the idol for the ideal; meaning now that we have worshipped the “infinite” by

making it “finite” by giving it names, forms and attributes, we have realized the infinite, so now we can let go of the finite.

One of the main pujas we perform is “Durga-puja”. Ma Durga is the consort of Shiva; Durga is depicted as a goddess with ten hands killing the demon, Mahishashur—this depicts the victory of the divine over the demon or un-divine, which resides in all of us. The puja goes on for ten days, symbolizing the five senses of perception and five organs of action; the last day is called “Vijaya-Dasami” signifying the victory of our higher self over the lower self.

Following this is “Lakshmi puja” goddess of wealth, symbolizing the contentment in the mind, once un-divine qualities have been overcome, the concept of material want drops off, this is the highest prosperity, and wealth does not depend on bank balance, but the happiness and contentment of the mind.

Next is “Kali puja” or “Diwali” symbolic for the concept of constructive destruction—we use great strength to remove the remaining un-divine qualities within us.

Final puja is the puja of goddess Saraswati, the goddess of “enlightenment” and creativity; only when the page is totally clean can we draw on it and create something new, similarly when the mind is clear and pure only then can we meditate upon the formless divine and be enlightened. There are several other pujas that we celebrate, for example, Ram-navami, birthday of bhagwan “Sri-Ram, Janmashtami, birthday of Sri Krishna, Siva-ratri , puja for lord Shiva;

Depending on one’s inclinations and tendencies, one can choose a certain deity to worship and focus their energies on that deity, and that is the fun of Hinduism.

In conclusion, the number of gods and goddesses we have are confusing, but there is a symbolism hidden in their attributes and manifestations, when we know that we can choose the manifestation we feel comfortable with and, also the rituals do have meanings and when we know the significance, it becomes less confusing.

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### **Hindu Temple Contact Numbers**

**8375 S. Wadsworth Blvd, Littleton, CO 80128**

Hindu Temple Office	303-948-9693	
Acharya ji Kailash Chandra Upadhyay	720-344-1448 (H)	720-984-5108 (C )
Pandit ji Raghavendra Iyyer	303-954-9274 (H)	720-308-8804 (C )
Reva Nayar (President)	303-690-4347 (H)	303-507-3355 (C )
C. P. Mishra (Temple Operations)	303-973-7765 (H)	303-522-1063 (C )
Satish Kumar Agarwal (Treasurer)	303-973-4635 (H)	720-232-8287 (C )
Prabhakara Rao (Mandir Vani Editor)	303-979-4193 (H)	303-918-7373 (C )
Madhu Mahajan (Website)	303-278-9860 (H)	303-519-3616 (C )
Christina Coffman (HTCC Manager)	303-948-9693	303-990-1981 (C )



## Suggested Donations for Temple Services

The HTCC Board of Trustees adopted a standard policy regarding performance of various religious and cultural ceremonies by either of the priests at the request of the Yajmans (sponsors). It is requested that the sponsors (Yajmans) donate the amount indicated below, or more, for specific ceremonies. Please pay the amount by a check made to Hindu Temple and give it to the priest who performed the ceremony. Additional charges may apply for Boulder, Fort Collins, Colorado Springs, and areas beyond 50 miles radius from the Hindu temple (See Notes below).

<b>Ceremony Performed</b>	<b>At Temple</b>	<b>Off Site**</b>
<b>:: PUJAS</b>		
Archana (108 names) of any one deity	\$21	
Archana of any 5 Deities	\$51	
Arathi of any one deity	\$21	
Arathi of any 5 deities	\$101	
Sankata Haran Chaturthi	\$31	
Pradosh - Shiva Abhishekam	\$101	
Sunday Puja with Yajman providing Prasad	<b>\$108</b>	
Sunday Puja Prasad arranged by the Temple (additional charge)	<b>\$300</b>	
Puja of any deity, Satya Narayana Katha, Havan	\$151	\$211
Chandee path (Durga Saptshatee) during Navaratri, one day	\$201	\$251
Birthday Puja	\$151	\$211
Punyahvachan	\$151	\$211
<b>:: SAMSKARAS</b>		
Namakaran or Annaprashan (Naming baby/First Solid Food)	\$151	\$211
Vidyaarambh (Schooling initiation)	\$101	\$211
Choodakaran (Mundan)	\$151	\$211
Yagyopaveet (Janaeu) - Thread Ceremony	\$251	\$311
Vivah (Wedding)	\$401	\$501
Seemantham	\$201	\$251
Last Rite (performed at cremation)		\$211
Shraadh and Pinda Dan (at home)		\$211
<b>:: OTHER CEREMONIES</b>		
Bhoomi Puja/Shilanyasa (for new building)		\$251
Grahapravesh/Vastu Puja (House warming)		\$251
Vaahan Aashirvaadam (blessing New Car)	\$31	

*\*\* Please note that part of this money goes to Temple and part to Priests. Yajaman may provide additional Dhakshina to priest, but not required. Priests are instructed not to request any additional Dhakshina for services. You can sent an e-mail about your satisfaction of the services or any suggestion for improvement to Reva Nayar at amn116@hotmail.com.*

**Note:** 1. Additional travel charges \$50 (Boulder), \$75 (Longmont), \$100 (Fort Collins & Colo. Springs)

2. Additional \$50/hour charge for any pooja lasting more than 4 hours.

3. \$50/hour for Temple basement private use (\$100 cleaning deposit required)

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Center of the Rockies**  
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Littleton, CO 80128  
303-948-9693

Non Profit Organization US Postage Paid Permit No 237 Littleton, CO
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**Address Service Requested**

***Donation Appeal***

*Please continue to show your support by making generous donations at the Temple or by mail (cut and enclose the coupon printed below) to : 8375 S. Wadsworth Blvd., Littleton, CO 80128. The contributions are tax deductible. The Tax ID Number for the Hindu Temple and Cultural Center is 84 -1301209*

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Enclosed is a check for \$ \_\_\_\_\_, my/our contribution for the New Hindu Temple and Cultural Center of the Rockies.

Name: \_\_\_\_\_, Spouse Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_, E-mail: \_\_\_\_\_